

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 11-15 WESTERN Or ORIENTAL	Cherry tomato and basil Spaghetti bolognese, green salad Or Grilled fish, rice and stir-fried vegetables Milk & cookie	Cucumber with mint Chicken biryani rice Or Korean beef and veg bbq, rice Watermelon & Pineapple	Cheese puff Minute steak, roast potatoes, sautéed vegetables Or Fried noodle, egg and acar Fruits salad	Minestrone soup Grilled sausages, stir-fried potatoes, vegetables Or Chicken gulai, rice, fresh vegetable Lemon cake	Miso soup Croque monsieur, mixed salad Or Sushi Sorbet
Week 18-22 WESTERN Or ORIENTAL	Niçoise salad Mashed potatoes, roast chicken, sauteed veg Or Beef semur, coconut rice and cucumber Orange	Vegetable tartare Pasta with cream cheese, green salad Or Thai chicken curry, yellow rice, vegetable Yogurt	Tomato and corn salad Creamy meatball, potatoes, veg Or Fish Karaage, rice, salad Vanilla ice cream with Chocolate	Vegetarian spring roll Grilled fish, sauteed broccoli, potatoes Or Beef Udon Grapes	Mini vegetarian pizza Crusted beef (beef in pastry), potatoes hash browns, salad Or Chicken soto Cupcake
Week 25-28 WESTERN Or ORIENTAL	Tortilla and salsa Mexican rice, arroz con pollo Or Beef ramen Pear	Greek salad Beef goulash, mashed sweet potatoes Or Grilled fish with teriyaki sc, rice,vegetable Brownie	Vegetable fritter (Bakwan) Chicken cordon bleu, riz rouge, ratatouille Or Korean stir-fried beef Fruit Skewer	Pumpkin cream soup Baked pasta, green salad Or Cantonese fried rice, egg, vegetables Piscok (Banana & chocolate Spring roll)	<p style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;">HOLIDAY</p>

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 01-05 WESTERN Or ORIENTAL	Caesar salad Chicken tarragon, potato gratin Or Pad thai Fresh fruit	Miso soup Breaded fish, cauliflower gratin, buttered rice Or Beef yakiniku, rice, sauteed vegetables Madeleine au lait	Greek olive focaccia Roast beef, mixed vegetables Or Kung pao chicken, rice Tangerine	Grated carrot & mango Fish & cheese Burger, Potatoes, green salad Or Fried Noodles Java, egg, vegies Apple pie	Tzatziki & veggies stick Chicken skewer with parmesan, grilled polenta Or Beef curry, pita bread Grapes
Week 08-09 WESTERN Or ORIENTAL	Tuna canape Carbonara, green salad Or Fried rice, chicken satay, acar Slice apple	Vegetable veloutée (soup) Roast chicken, sautéed vegetables, mashed potatoes Or Fish Katsu, rice, mixed salad Pukis Chocolate	HOLIDAY	HOLIDAY	HOLIDAY
Week 15-19 WESTERN Or ORIENTAL	Creamed spinach Chicken casserole, potatoes, or Beef bulgogi, rice and veggies Ice cream with choco sc	Grated carrots Beef steak , potatoes dauphinoise ou Sate lilit Fish, Rice rempah, veggies Fruits	Corn Fish mijote, pilaf rice Or Chicken katsu, rice and salad, Strawberry yogurt	Tuna macaroni salad Poulet yassa, rice and carrot Or Ramen Fruit	Coleslaw salad Buffalo chicken wrap, green salad or Chicken noodles, meatball eclair
Week 22-26 WESTERN Or ORIENTAL	Tomato bruschetta Beef lasagna, green salad or Grilled fish, rice and salad Fruits salad	Carrots cream soup Hot dog, potatoes, green salad Or Chicken sesame, rice and capcay Fruit	Cucumber salad Fish nugget homemade, vegetable rice Or Mongolian beef bbq, veg and noodle Chocolate Tiramisu	Corn, tomato and edamame salad Creamy garlic chicken with pasta Or Nikujaga Crepe	Macedoine salad Gnocchi, green salad Or Lamb Fried Rice, veggies Potatoes Donut