

Chaque panier repas se compose de :

- Baguette
- une entrée
- Plat principal (2 options)
- un dessert

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Week 13-17</p> <p>WESTERN Or ORIENTAL</p>	<p>Miso soup</p> <p>Roast chicken, baby green bean , homemade fries Or Japanese beef and vegetable curry , Steamed rice</p> <p>Banana cake</p>	<p>Tomatoes cherry salad,</p> <p>Spinach and ricotta cannelloni, green salad or Vegetable fried rice, egg and achar</p> <p>Fruits pie</p>	<p>Salade niçoise</p> <p>Minute steak, mashed potatoes, vegetable Or Grilled fish with hoisin sc, rice & veg sauteed</p> <p>Yogurt</p>	<p>Cheese palmier</p> <p>Breaded fish, ratatouille, rice, Or Beef semur, nasi uduk, cucumber</p> <p>Apple compote</p>	<p>Caesar salad</p> <p>Tomato meatballs and grilled polenta Ou Soto ayam (indonesian chicken turmeric soup with white noodles, white cabbage, boil egg and lemon)</p> <p>Cream chocolate</p>
<p>Week 20-24</p> <p>WESTERN Or ORIENTAL</p>	<p>Pumpkin cream soup</p> <p>Grilled chicken with tarragon sc sauteed potatoes, vegetables Or Fish katsu, rice and salad</p> <p>Tangerine</p>	<p>Tomato bruschetta</p> <p>Spaghetti bolognaise , green salad Or Cantonese fried rice, egg, fresh vegetable</p> <p>Madeleine and milk</p>	<p>Avocado vinaigrette</p> <p>Beef bourguignon, stewed potatoes Or Chicken tandoori, basmati rice, fresh vegetables</p> <p>Fruit</p>	<p>Veg Spring roll</p> <p>Grill fish, vegetable rice, sauteed broccoli Or Beef pho, kwetiau</p> <p>Vanilla ice cream with chocolate sc</p>	<p>Vegetable & cheese skewer</p> <p>Beef & vegetable pizza, green salad Or Sushi,</p> <p>Fruits</p>
<p>Week 27-31</p> <p>WESTERN Or ORIENTAL</p>	<p>Tortilla and salsa</p> <p>Mexican rice, birria (mexican beef stew) Or Oriental chicken and and sautéed mushrooms, rice</p> <p>Mixed fruit slices</p>	<p>Corn and butter</p> <p>Fried fish, potatoes, roast tomatoes Or Korean stir fry beef, rice, sauteed vegetables</p> <p>Fruits</p>	<p>Focaccia</p> <p>Hachis parmentier, green salad Or Opor ayam, rice with coconut milk, vegetable</p> <p>Cream caramel</p>	<p>Grated carrots</p> <p>Tomato or pesto fettuccine, green salad Or Fish curry and veg, rice,</p> <p>Fruits salad</p>	<p>Chicken lumpia</p> <p>Fish quenelles, potatoes, vegies Or Beef udon</p> <p>Chocolate fondant</p>

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 03-07 WESTERN Or ORIENTAL	Macedoine salad Chicken fricassee, potatoes, spinach Or Beef teriyaki, rice and vegetable Apple Crumble	Vegetables fritters Vegetarian quiche, green salad Or Vegetarian Taco Tangerine	Vegetable stick with hummus Lamb tagine Or Roast duck, cantonese rice, cucumber Crepe	Waldorf salad Cheese burger, fries, fresh vegetables Or Hainan chicken and rice with vegetables Fruit	Onion soup with crouton Grill sausage, butter rice, vegetable cabbage roll Or Roti canai, chicken Gulai Fruits Salad
Week 10-14 WESTERN Or ORIENTAL	Taboulé Beef kafta, yellow rice , mixed salad Or Sweet and sour fish, rice and chapchai Strawberry yogurt	Pomelo salad Croque monsieur, salad Or Beef ramen Grapes	Pan con tomate Vegetarian rigatoni, green salad Or Opor ayam, rice with coconut milk, cucumber Lemon cake with olive oil	Gaspacho de concombre Beef goulash, steam potatoes Or Chicken katsu, rice and salad Fruit skewer	Vegetable samosa Grill chicken, baked potatoes, sauteed vegetable Or Lamb curry Mango (fruits) Lassi
Week 17-21 WESTERN Or ORIENTAL	<p style="color: red; font-size: 2em; text-align: center;">HOLIDAY</p>	Mexican salad (vegetarian with lime dressing) Chili dog , french fries, Or Fuyunghai, mie goreng vegetarian Cupcake	Egg mimosa Chicken chasseur, mashed potatoes, sauteed veg Or Stir fry beef and veg , rice Fruit	Carrot and cumin cream soup Stew fish, pilau rice, vegetable Or Chicken satay, fried rice, achar Swiss roll cake	Asinan Betawi Meatball with cream sc, hash brown potatoes Or Soto betawi with rice Fruits salad
Week 24-28 WESTERN Or ORIENTAL	Greek salad with feta cheese Beef moussaka, green salad Or Chicken kung po, rice Honey roasted apple	Carpaccio de tomate Pasta alla norma, salad Or Sate lilit ikan, nasi rempah, fresh veg Mandarine	Fish croquettes Roast chicken mashed potatoes, sauteed baby green bean Or Beef yakiniku, rice and salad Panna cotta	Fattoush salad Minute steak, fries Or Tempe poké bowl Fruits salad	Vegetable and cheese bruschetta Breaded fish, vegetable rice Or Chicken noodles, meatball, chicken pangsit Fruit