

Chaque panier repas se compose de :

- Baguette
- une entrée
- Plat principal (2 options)
- un dessert

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Week 13-17</p> <p>WESTERN Or ORIENTAL</p>	<p>Miso soup</p> <p>Roast chicken, baby green bean , homemade fries Or Japanese beef and vegetable curry , Steamed rice</p> <p>Banana cake</p>	<p>Tomatoes cherry salad,</p> <p>Spinach and ricotta cannelloni, green salad or Vegetable fried rice, egg and achar</p> <p>Fruits pie</p>	<p>Salade niçoise</p> <p>Minute steak, mashed potatoes, vegetable Or Grilled fish with hoisin sc, rice & veg sauteed</p> <p>Yogurt</p>	<p>Cheese palmier</p> <p>Breaded fish, ratatouille, rice, Or Beef semur, nasi uduk, cucumber</p> <p>Apple compote</p>	<p>Caesar salad</p> <p>Tomato meatballs and grilled polenta Ou Soto ayam (indonesian chicken turmeric soup with white noodles, white cabbage, boil egg and lemon)</p> <p>Cream chocolate</p>
<p>Week 20-24</p> <p>WESTERN Or ORIENTAL</p>	<p>Pumpkin cream soup</p> <p>Grilled chicken with tarragon sc sauteed potatoes, vegetables Or Fish katsu, rice and salad</p> <p>Tangerine</p>	<p>Tomato bruschetta</p> <p>Spaghetti bolognaise , green salad Or Cantonese fried rice, egg, fresh vegetable</p> <p>Madeleine and milk</p>	<p>Avocado vinaigrette</p> <p>Beef bourguignon, stewed potatoes Or Chicken tandoori, basmati rice, fresh vegetables</p> <p>Fruit</p>	<p>Veg Spring roll</p> <p>Grill fish, vegetable rice, sauteed broccoli Or Beef pho, kwetiau</p> <p>Vanilla ice cream with chocolate sc</p>	<p>Vegetable & cheese skewer</p> <p>Beef & vegetable pizza, green salad Or Sushi,</p> <p>Fruits</p>
<p>Week 27-31</p> <p>WESTERN Or ORIENTAL</p>	<p>Tortilla and salsa</p> <p>Mexican rice, birria (mexican beef stew) Or Oriental chicken and and sautéed mushrooms, rice</p> <p>Mixed fruit slices</p>	<p>Corn and butter</p> <p>Fried fish, potatoes, roast tomatoes Or Korean stir fry beef, rice, sauteed vegetables</p> <p>Fruits</p>	<p>Focaccia</p> <p>Hachis parmentier, green salad Or Opor ayam, rice with coconut milk, vegetable</p> <p>Cream caramel</p>	<p>Grated carrots</p> <p>Tomato or pesto fettuccine, green salad Or Fish curry and veg, rice,</p> <p>Fruits salad</p>	<p>Chicken lumpia</p> <p>Fish quenelles, potatoes, vegies Or Beef udon</p> <p>Chocolate fondant</p>

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<p>Week 03-07</p> <p>WESTERN Or ORIENTAL</p>	<p>Macedoine salad</p> <p>Chicken fricassee, potatoes, spinach Or Beef teriyaki, rice and vegetable</p> <p>Apple Crumble</p>	<p>Vegetables fritters</p> <p>Vegetarian quiche, green salad Or Vegetarian Taco</p> <p>Tangerine</p>	<p>Vegetable stick with hummus</p> <p>Lamb tagine Or Roast duck, cantonese rice, cucumber</p> <p>Crepe</p>	<p>Waldorf salad</p> <p>Cheese burger, fries, fresh vegetables Or Hainan chicken and rice with vegetables</p> <p>Fruit</p>	<p>Onion soup with crouton</p> <p>Grill sausage, butter rice, vegetable cabbage roll Or Roti canai, chicken Gulai</p> <p>Fruits Salad</p>
<p>Week 10-14</p> <p>WESTERN Or ORIENTAL</p>	<p>Taboulé</p> <p>Beef kafta, yellow rice , mixed salad Or Sweet and sour fish, rice and chapchai</p> <p>Strawberry yogurt</p>	<p>Pomelo salad</p> <p>Croque monsieur, salad Or Beef ramen</p> <p>Grapes</p>	<p>Pan con tomate</p> <p>Vegetarian rigatoni, green salad Or Opor ayam, rice with coconut milk, cucumber</p> <p>Lemon cake with olive oil</p>	<p>Gaspacho de concombre</p> <p>Beef goulash, steam potatoes Or Chicken katsu, rice and salad</p> <p>Fruit skewer</p>	<p>Vegetable samosa</p> <p>Grill chicken, baked potatoes, sauteed vegetable Or Lamb curry</p> <p>Mango (fruits) Lassi</p>
<p>Week 17-21</p> <p>WESTERN Or ORIENTAL</p>	<p>HOLIDAY</p>	<p>Mexican salad (vegetarian with lime dressing)</p> <p>Chili dog , french fries, Or Fuyunghai, mie goreng vegetarian</p> <p>Cupcake</p>	<p>Egg mimosa</p> <p>Chicken chasseur, mashed potatoes, sauteed veg Or Stir fry beef and veg , rice</p> <p>Fruit</p>	<p>Carrot and cumin cream soup</p> <p>Stew fish, pilau rice, vegetable Or Chicken satay, fried rice, achar</p> <p>Swiss roll cake</p>	<p>Asinan Betawi</p> <p>Meatball with cream sc, hash brown potatoes Or Soto betawi with rice</p> <p>Fruits salad</p>
<p>Week 24-28</p> <p>WESTERN Or ORIENTAL</p>	<p>Greek salad with feta cheese</p> <p>Beef moussaka, green salad Or Chicken kung po, rice</p> <p>Honey roasted apple</p>	<p>Carpaccio de tomate</p> <p>Pasta alla norma, salad Or Sate lilit ikan, nasi rempah, fresh veg</p> <p>Mandarine</p>	<p>Fish croquettes</p> <p>Roast chicken mashed potatoes, sauteed baby green bean Or Beef yakiniku, rice and salad</p> <p>Panna cotta</p>	<p>Fattoush salad</p> <p>Minute steak, fries Or Tempe poké bowl</p> <p>Fruits salad</p>	